

For recipients of Influenza vaccine

インフルエンザワクチンの接種について

Before you receive vaccination against Influenza, the doctor needs to know about your health condition in detail. Please enter precise information in the questionnaire to the best of your knowledge.

[Efficacy and side reactions to the vaccine]

Vaccination against influenza can prevent influenza infection or lessen symptoms in severity. Vaccination is expected to prevent complications and death that may result from influenza infection.

On the other hand, known side reactions to influenza vaccine are mild in general. Redness, swelling, induration, feeling hot, numbness and pain may occur at the injection site but will usually resolve in 2-3 days. Fever, chill, headache, malaise, consciousness disturbance transient, dizziness, lymphadenosis, vomiting/nausea, diarrhea, arthralgia and muscle pain may also rarely be caused as a result of inoculation of influenza vaccine. Hypersensitivity symptoms (e.g., rash, urticaria, eczema, erythema, and pruritus) may also rarely be caused. Persons who show intense allergy to eggs may experience stronger side reactions. So, such a person is requested to tell it to the doctor without fail. It has been reported that following side reaction may occur very rarely.

(1)Shock/anaphylactic symptoms(urticaria and dyspnea etc), (2)Acute disseminated encephalomyelitis(fever, headache, convulsions, dyskinesia, transient loss of consciousness occur within several days to 2 weeks after inoculation. In the case of such health function disorder, the pertinent person or his/her family member is to go through the proceedings for salvage as specified in the Law for the PMDA.

[You cannot receive vaccination if you have any of the following conditions.]

1. Overt fever (over 37.5)
2. Confirmed presence of serious acute disease.
3. Previous episode of anaphylaxis to influenza vaccine.

If you have ever experienced anaphylaxis to any other drug, please tell so to the doctor before vaccination, and the doctor will give you instruction on appropriateness of your receiving the vaccine.

4. Other conditions unsuitable for the vaccination in the opinion of the doctor.

[You have to seek for doctor's opinion about appropriateness of the vaccination if you have any of the following conditions.]

1. Presence of heart disease, renal disease, hepatic disease, or hematological disease.
2. Children: Developmental retardation managed on guidance of doctor or public health worker.
3. Signs of cold or flu.
4. Previous episode of suspected allergic symptoms, such as fever, rash, and urticaria, occurring within 2 days following vaccination.
5. Previous episode of physical abnormality, such as skin rash, in reaction to any drug or any food(chicken or egg, etc).
6. Previous episode of convulsions.
7. Previous episode of test-proven abnormality of immune function in you or your near relatives.
8. Suspected pregnancy.
9. Presence of bronchial asthma

[Precautions in post-vaccination management]

1. Side reactions may occur abruptly during 30 minutes after vaccination. You should be alert on occurrence of side reaction and make a contact with a doctor if you notice it. It is advised for you to stay in the medical institution for a while after vaccination to monitor occurrence of side reaction.
2. You can take a bath on the day of vaccination but should not rub the injection site.
3. You are recommended to do usual daily living on the day of vaccination. Please refrain from taking strenuous exercise and heavy drinking of alcoholic beverages.
4. Please consult your doctor immediately in case that abnormal symptoms such as high fever and convulsions occur.

Immunization Date	Name of hospital
month day() Please come here at AM/PM : .	